

# HOW TO CREATE YOUR REMARKABLE LIFE

The Ultimate Guide To Living Your  
Purpose, Passion & Dreams



Dwayne H. Klassen

## **How To Create Your Remarkable Life Guide© &**

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**Box 23034 Mission Post Office  
Calgary Alberta Canada  
T2S 3B1**

**Ph: (403) 669-1503**

**Email: [info@RemarkableManProject.com](mailto:info@RemarkableManProject.com)**

**Web: [www.RemarkableManProject.com](http://www.RemarkableManProject.com)**

**[www.DwayneKlassen.com](http://www.DwayneKlassen.com)**

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## Introduction

**T**he purpose of this program is to give you the spring board to become fully engaged in creating your Remarkable Life now. The plan that will take you from where you are now to where you ultimately want to be.

**For This “Plan” To work, you need to work the plan. So before you read any further, please print this booklet out in its entirety. You’ll be doing a few key exercises that require your ability to write what you are thinking. Besides, having a hard copy close by will help deepen the lessons. Print this now!**

Oh, so you decided you’d rather read it through first rather than print it off and do the work. Okay fair enough, however, there is a less than 5% chance you will actually print it off and get it done. This is about you being Remarkable in your life. Are you going to continue the pattern of taking the easy road or are you going to be a person who takes action? **Print it and do it!**

Once you have a clear vision for what that your “Remarkable-Life Plan” looks like, then The Remarkable Man Project and The Remarkable Man Coaching Program can assist you in bringing it into your reality faster than going it alone.

Nothing is more empowering to have your purpose and passion laid out before you. Not only that, as men, we know that a great deal of who we are is wrapped up in our ability to deliver value to the world. We feel stronger, virile and more attractive.

There’s no question that the women in our lives also find us more attractive and charismatic. A man with a plan is what many women find to be one of the strongest and endearing traits she finds in a man.

The challenge is; this thing called life. Life can be pretty challenging and can create all sorts of obstacles and distractions that prevent you from creating that Plan. Some times it can feel like a life time before The Plan reveals itself. Perhaps you needed to have some life experiences, some character building moments in order to help define your Remarkable Life Plan more effectively.

What ever the case may be...you are at the place in your life where three possible scenarios are playing out:

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- 1) You have yet to identify and know what your Remarkable Life plan is.
- 2) You know your plan, but are challenged rolling it out and playing it big.
- 3) You are already living The Plan and you are sharing your bliss to the world.

If you are in the third category, congratulations! You may want to consider being in The Remarkable Man Leadership Track. There are many Remarkable Men that would benefit from your life path and plan.

It would be a pretty good gamble to bet that most men are either in the number one or number two category. The sad fact is that only five percent of men are living their life on purpose. Living a life on their terms and winning!

Like this guide, The Remarkable Man Project is here to change this statistic and empower men to be Remarkable from where they are right now to where they know they want to be.

With your commitment and promise to yourself and your brothers in The Remarkable Man Project, the How To Create Your Remarkable Life Guide© is here to help you:

- Identify with your strengths
- Deepen into you passions
- Uncover your blocks
- Build The Plan
- Engage The Plan
- Support The Plan
- Live The Plan

The How To Create Your Remarkable Life guide is designed to be done as a precursor to enrolling in my coaching or becoming a member in The Remarkable Man Project. You are not alone. We are in this together. The resources available will come from your community team and your online global community. Are you ready to create the life you know you can. Are you ready to be Remarkable?



Then let's begin the journey of Creating Your Remarkable Life.

# 1. Getting to core:

## Identifying My Strengths

There are a number of character traits we admire in others. We see the impact they have in the world and often wonder what their secret is. What is it that they have that makes them so good, so charming and so at ease and natural?

It may shock you to know that very few people are born with “it”. You know, that gotta-have charm and energy. Most successful people worked very hard on themselves to break free of a limiting self to become the person they are today. There really is no such thing as luck. Luck is merely the result of constant and never ending effort, focus and determination. The energy returned to that person may seem from a distance as luck, but a closer inspection will reveal quite a telling story.

We live in a world of energy, a universe of energy. In fact every thing is energy. Our personalities are a form of an energy exchange with others. Energy attracts like energy and also resonates and vibrates with subtle frequencies of energy.

What you see in others as faults or positives is also a mirror energy within you. With that in mind, we are going to dig deeper into the positive character traits that make up who you are. The gift in this exercise is uncovering aspect of yourself you perhaps did not think you had.

**Step 1)** On the lines on the next page, write out the names of the 20 top people you admire both dead or alive. Either in your present or past it does not matter. Who are the people you really admire for their accomplishments, success, contribution, legacy, lessons and impact. Yes, 20 people...this you can do!

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The People I Admire Are:

Traits:

1) \_\_\_\_\_

\_\_\_\_\_

2) \_\_\_\_\_

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3) \_\_\_\_\_

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20) \_\_\_\_\_

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**Step 2)** Using the list on the preceding page write out three traits that you admire about each individual. Examples could be: honesty, giving, strength, courage, wisdom, power, control, freedom, joy, determination, compassion, love, charisma, beauty, talent, expression, knowledge, brilliant, fun, adventurous, disciplined, creative and so on. Be sure to complete the entire list.

**Step 3)** Go back to the list of traits and circle one of the three that resonates with you. Which one do you feel the most?

**Step 4)** With your circled traits count the ones that come up the most. Which one is repeated the most and put a the #1 next to each one. Go down the list again and count which one comes up the second most and put the Number 2 beside each one. Then the number 3, number 4 and number 5 position.

**Step 5)** Put the traits as they correspond with the number below:

#1\_\_\_\_\_#2\_\_\_\_\_#3\_\_\_\_\_#4\_\_\_\_\_#5\_\_\_\_\_

The traits above are, in-fact your traits. These are the qualities you embody. It is true! You are a mirror of the people you admire. These traits are now a starting point to help fine tune That Plan with these traits in mind.

We will explore the deeper meaning and what this can do for you to empower yourself with that plan.





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So now you know what your personality traits are it's time to put them into right action so that you can step up your life plan and your personal game. These traits are who you really are. Every quality that you admire within another is a mirror reflection of a part of you. People close to us or people we admire from afar are in our lives because of what they reflect back to us...good or bad.

If this is a strange or weird concept to grasp, that's only because those parts of you have not been freely acknowledged or appreciated in a very long time. With some people it may be an entire life time. Don't get caught up in the drama and stories if the life you are living now is not to your liking. You can change that story in a heart beat!

What you want to do is establish where each traits or strength can be best utilized in your life. If you are in a career position or an employee and you are doing what you love to do, then see how you can best be of service to your peers and position. Be that guy that get's it done! Play at the top level with the same enthusiasm that got you the job in the first place.

If you do not love what you are doing then that's a whole new set of challenges to get your traits and talents to work for you. Everyone has a calling, a purpose and passion for something greater within them. Look at your list again. What would those traits best be utilized in?

In the space bellow, write out up to ten of your all-time dreams, goals and desires you have for a dream business, product or service. Do not filter what comes to mind. Think of the things you've always wanted to be, do and have. There is a limit of ten because any more than that will have you scattered and unfocused. By keeping it to your top ten it is more digestible and doable.

Write out your 5 traits here to help inspire your Top 10 Below.

### **My Top 5 Traits Are:**

1)\_\_\_\_\_ 2)\_\_\_\_\_ 3)\_\_\_\_\_ 4)\_\_\_\_\_ 5)\_\_\_\_\_

## 2. MY Passion & Purpose

**My Top 10 Money Making Activities I've Always Wanted/Wished For Are:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Now with the preceding list. Go back and really evaluate them. Keep in mind what your life traits are and how they are in alignment with your dream money making activities. There must be one or two that really stand out for you. Which top 3 really speak to you? Which ones inspire and intrigues you?

Write out your top three dream activities here.

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

You may want to adjust them as you move forward with the How To Create Your Remarkable Life guide Remarkable Life Guide© but for now this will give you a good starting point.

Do you know the difference between doing what you love and loving what you do? They sound the same, but in actual fact, they are very different.

You could have a career and love what you do, but if asked, if there was something you could be doing and make the same income or more...something where you are doing what you love, what would it be? In other words, say you are a realtor and you love the career you have created for yourself. However, if you could be doing anything on the planet and were able to make the same money...what would it be? That choice would be doing what you love to do.

Is that choice in any of your top 3 above?

The happiest and most successful people are loving what they do. The catch is, are you prepared to do the hard work necessary to be the best at what it is your dream life

requires? Most people envy the celebrity life styles of actors and musicians and sports stars we see on TV. What you are seeing is a life time of hard work, challenge and determination. Most people would rethink those careers if they only could see the tryout failures, countless audition bombs, and hours of intense practice.

Many people see the successful ones as lucky or fortuitous. Where in actual fact there is no such thing as luck. It is just **preparedness meeting opportunity**. You could argue that lottery winners did not prepare or plan for their fortune. You would be right, however there are some very intriguing life lessons that those that win the lottery are faced with.

Winning the lottery is very much like a death of a loved one. What? How's that? Well think about it. When someone dies...so many people are affected. Lots of emotion and feelings come to the surface. If there is a significant estate to divide up then there could be some attachment and expectation issues that surface. Do the people react or respond to the passing. What sort of pain, drama or unfulfilled life contract is the legacy? With a lottery win...the winner we assume is indeed having the best life. However, if we look passed them to their friends, family and acquaintances we see interesting scenarios being played out. There is a sense of entitlement and expectation from the people that know the winners. The expectation is to share their wealth with them. If it is not forth coming then the judgment, criticism or scorn can be the result. This can be people that have had no contact in years from them and yet expect to be given a piece of the pie.

If a lottery winner has the courage and resolve to resist the energy put before them...they can indeed enjoy an amazing life. However, statistics prove that their cycle of influence will dictate how well they do. Most are flat broke within five years of winning the lottery.

My point is, winning the lottery can be a part of the big plan if you are prepared for it. The discipline is very much the same that is required by any other business pursuit. The only aspect is that you have no control on whether or not the win is ever going to happen.

Creating "luck" is within you. But instead of "luck" let's call it "living on purpose."

When you live on purpose you have the ability to put blinders on to a world that would other wise distract you from creating the life you know you must.

So now that you have a better idea of your dream activity you would love to pursue and you know you have the traits of a person that could get it done. Let's look at some of your excuses, justifiers and stories that you have for not pursuing your dream life to your fullest.

### 3.Excuses, Justifiers and Limiters

The next exercise is about getting real with your stories that hold you back. You have lived a certain way most of your life. There's a good bet you have had fleeting moments or glimpses of greatness at some point in your life, maybe even now, but you bounce back to an old pattern that keeps you small, but yet you long to play a bigger game.

Write out your top 5 excuses, justifiers and limitations that you know are blocking your pursuit of your dream. You know exactly what they are. They are the ones that piss you off and make you angry, disappointed and frustrated. This should be easy, because they are an intimate part of your life.

The next part of the exercise will be powerful to help you get to the true reason you are hanging on to these limiters. So it is very important that you **Do Not Filter** or skim as we will be getting to the core and getting real with your dark side.

**My Top 5 Limiters (Excuses, justifiers & Stories)** Use the back side of this page or journal if you require more space.

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So there you have it. Now you can see it in black and white. If you skimmed or did a half hearted attempt at getting real with your excuses then I encourage you to go back and put in the effort. Remember: this is about your life and if you don't put in the effort here it is a reflection of how much effort you are willing to put into changing your life.

So you now know your personality traits, your ideal career or entrepreneurial dream that you'd love to do and you also know your biggest personal challenges and excuses that prevent you from achieving it. The truth behind all your excuses and stories is...FEAR!



## 4. FEAR

Fear is the greatest teacher of all time. Nothing else has the ability to make us look at ourselves more. How we deal with fear shapes and defines our life. Those that have accepted fear for what it is and have learned to overcome it, have found freedom, joy and success in all areas of their lives. Those that are caught in the illusion of what fear is have experienced, low self worth, lack, suffering and dis-ease.

Fear often gives you that incredible ability to see into the future. This is that nebulous future where everything goes wrong. The future where people judge you, criticize you, hate you, reject you, hurt you and leave you. This is also the place where you will fail, go into debt, never get in shape, worry and have your dreams hit the rocks.

This is a reality for so many people, yet it is all based on illusion. Yes! None of it is real because it can't be. It is in the future and has yet to happen. A study has shown that 95% of all worry never happens. This is true about your fears. Think about it. Here you are reading this booklet, you are alive, you have a computer, you have a roof over your head and chances are you ate something to sustain you today. All those fear moments in your past never really came to pass. Sure you may have had some uncomfortable moments and challenges, but the point is - here you are! You are alive and kicking and thirsting for something more!

The truth is, the body cannot tell the difference between fear and excitement. A study concluded that the same chemicals are fired and the same area of the brain is activated. **The only difference between fear and excitement is what you choose to call it.**

Imagine if you were able to be conscious of every time you were feeling fear that it was a trigger to you knowing something big was about to happen in your life. The more fear you have wrapped around getting your "bigness" out to the world, the more profound the impact and life changing it will be for you.

*"If you only knew who and what was walking beside you at every moment you would never be afraid again." - Wayne Dyer*

You are not alone. You are a magnificent being of infinite power and potential. You are tapped into a stream of intelligence of cosmic proportions. Your manifesting skills are on 24/7.

Let go of the fear that holds you back. It does not serve you and you do not have to serve it. Stop being a slave to it!

Imagine the first time you went on an adult size roller coaster. That first slow ride up the big hill was a trip. The heart is pounding, your second guessing your decision to get on.

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Then you crest the hill and you see the tracks plummet out of site beneath you. Now you are freaking! Gravity takes over and the coaster hurls itself down the hill. For the next minute or so you are painfully aware of death, dying, safety, and lunch. However, as the coaster comes into the final straight you realize you made it. Yup! You are okay! In fact you are more than okay! You my friend just went on your first coaster ride and what a rush!! The fear is gone and you feel so much excitement you can't stand still!

The triumph of fear to excitement is infectious. In fact, for many the fear has been so obliterated that the need for the thrill replaces it. How many times did you want to go back to the roller coaster again? See what I mean? This is true for most anything once you have pushed through the fear, you will realize it wasn't nearly as painful as you first thought.

Your goals, dreams and desires are going to require you to push through your fears. There is no getting around it. You will have to make phone calls to strangers, you will have to write proposals and business plans, you will have to take lessons or learn new skills and you will have to put in the hours required to bring it to life.

The truth is that you must break free of the limiting barriers that hold you back.

In the next exercise you will write out your top five fears that hold you back from making your Dream life a reality. These fears are not your excuses. These fears are typically the root behind your excuses. Dig deep here. Secondly, write the truth of the fear. In other words what is the fear trying to tell you. How much is actually real? What supports this fear? Example: let's say you have a fear of flying. It freaks you out and you are afraid you might die in a terrible crash. However, the truth is air travel is one of the safest on the planet. Odds of dying are 1 in 9.2 million. The truth is, flying gets you moving, experiencing and out of your comfort zone. You are safe, secure and about to have a new adventure.

1) Fear of \_\_\_\_\_  
The Truth: \_\_\_\_\_

2) Fear of \_\_\_\_\_  
The Truth: \_\_\_\_\_

3) Fear of \_\_\_\_\_  
The Truth: \_\_\_\_\_

4) Fear of \_\_\_\_\_

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TheTruth:

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5) Fear of\_\_\_\_\_

TheTruth:\_\_\_\_\_

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## 5. MY WHY's

Now that you have gotten to the root of your fears, blocks and barriers to your dream, it's time to unlock the genius within and get you rolling toward your The Remarkable Life .

In order for you to have the drive, commitment and momentum you need to bring forth your epic vision you need to build up your "WHY" muscle. Your "WHY"s will be the driving force to help you persevere and push through to completion when things get tough or off track.

You may want your dream life for the wealth it would bring you, but that would not be completely accurate. Physical wealth in the bank or in your wallet is not what you really want. What?! Hear this out. Money is just an energy exchange for what it is you do. Your product or service is what people really want and it is also what you want to do be and have in your life. Money is just the currency of that energy. Energy needs to flow and energy has a current (currency...get it!) So in fact the more money you have the more your purpose and passion is getting out to the world.

### **Exercise # 7 What are your top 10 WHY's for wanting to bring your dream to life?**

Be as detailed as you can. Make sure you do all 10. You must have enough passion and power in your reasons to make yourself commit to making it happen.

My Top 10 WHY's Are:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_
- 9) \_\_\_\_\_
- \_\_\_\_\_

10) \_\_\_\_\_  
\_\_\_\_\_

If you need more space...please use the back side of the page.

How does it feel knowing you must achieve this? Those “WHY’s” will help you stay on track and keep you focused.

*“Fear is the path to the dark side. Fear leads to anger. Anger leads to hate. Hate leads to suffering.” -Yoda*

## 6. Focus

So now you are geared up and ready to take on your epic vision for your life...right? It’s all laid out before you. You know the skills you need and/or the skills you will require to make it happen. You know you match well with your vision because you embody the traits of a person capable of making it happen. You have given fear the proper perspective and you have identified your biggest excuses and justifiers. Sounds like a great place to get the wheels rolling to making it happen.

This is where the rubber meets the road and your biggest challenge to your success. Getting started.

*“Do or do not...there is no try” - Yoda*

This is where most would be entrepreneurs crash and burn...they suffer from paralysis of analysis. They focus on the daunting task of getting their dream started and soon realize how much work is involved. It can be intimidating. So much so that it prevents them from getting out much past the starting blocks.

Have you done that? Has that ever been part of your story? A great starter but poor finisher? Or have you ever gotten to a certain point in the process and circumstances cause you to loose momentum? It’s a very sinking feeling to watch the wind go out of your sails.

There is a component within your repertoire of business tools that is invaluable, and strangely enough, seldom used but in short spurts. That component is...**Focus!**

Focus allows you to get the tasks you need to get done, done. Focus can turn a big task into a process of completion. You’ve all heard the analogy, how do you eat an elephant? (Not that you’d want to) You’d eat it one bite at a time. Big tasks are meant to tackled by one doable task at a time. However, it is very difficult to get the ball rolling when all you see is the enormity of the project.

So with you your “WHY’s” still fresh in your mind (go back to them if you need to get re-inspired) let’s look at the process of getting your focus fine tuned to get yourself out of the starting blocks.

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**Do not reinvent the wheel!** In other words, learn from those that went before you. Study those that are successful in your field, or are doing what it is you want to do. They all started from scratch at some time and built their dream from idea just like you. Don't just nod and think, *"yeah that's a good idea."* The "How To Live Your Remarkable Life" guide is about getting it done!

So your next exercise is to write a resource list of those that are successful of what it is you want to do. In this list you will write their names and what is that makes them great. How long have they been at it? This helps you get realistic with your dream. We're not talking about "get rich" schemes here. This is about the rest of your life. You may need to do some research for this next exercise to be able to fill out the following questions. I assure you it is worth it and it will help you fine tune your vision for your dream life. Remember that we are all mirrors. What you see in others you can see in yourself.

### Who is doing what it is I want to do?

**1) Name** \_\_\_\_\_ **Product or Service** \_\_\_\_\_

How long have they been in business? \_\_\_\_\_ What is their unique selling proposition?  
(What makes them stand out) \_\_\_\_\_

\_\_\_\_\_

What resources do I have available to me right now to duplicate this model?

\_\_\_\_\_

\_\_\_\_\_

What skills or talents do I need to improve on to be at the same level? \_\_\_\_\_

\_\_\_\_\_

How much time should I allow myself to get to this level? \_\_\_\_\_.

Who can I call today to learn more or get some guidance and assistance? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**2) Name** \_\_\_\_\_ **Product or Service** \_\_\_\_\_

How long have they been in business? \_\_\_\_\_ What is their unique selling proposition?  
(What makes them stand out) \_\_\_\_\_

\_\_\_\_\_

What resources do I have available to me right now to duplicate this model?

\_\_\_\_\_

\_\_\_\_\_

What skills or talents do I need to improve on to be at the same level? \_\_\_\_\_

\_\_\_\_\_

How much time should I allow myself to get to this level? \_\_\_\_\_.

Who can I call today to learn more or get some guidance and assistance? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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**3) Name** \_\_\_\_\_ **Product or Service** \_\_\_\_\_

How long have they been in business? \_\_\_\_\_ What is their unique selling proposition?

(What makes them stand out) \_\_\_\_\_

What resources do I have available to me right now to duplicate this model?

What skills or talents do I need to improve on to be at the same level? \_\_\_\_\_

How much time should I allow myself to get to this level? \_\_\_\_\_.

Who can I call today to learn more or get some guidance and assistance? \_\_\_\_\_

You are getting closer to identifying with the road you must travel to get to where it is you want to go. There is no magic genie that is going to make it happen for you. It will be up to you to dig in and do what is necessary. You now can see that it is realistic and possible for you to be a huge success doing what you love. Who knows, perhaps you have an even better or more improved way of making a go of it than your three examples you chose. Take solace in the fact it can be done and you are a doer!

*"Begin with the end in mind."* - Stephen Covey

This is great advice from Stephen Covey and it is also a powerful exercise to help you to get to core and explore what needs to get done now. This will take some imagination, visualization and creativity on your end but it is so worth it.

After reading this part take a break and do this exercise. Find a relaxing place where you will not be disturbed or interrupted for the next 20 minutes. If you meditate, then assume your comfortable position do your clearing process. Imagine yourself two, three or five years out and you are at the top of your game doing what you love. The world is your oyster. You are surrounded with family, friends and colleagues whom you love, appreciate and respect as they do you. You travel and enjoy life on your terms. You have accomplished your remarkable life according to your own vision of what that looks like.

Add smells and textures to your vision. Be in the new car, smell the rich leather. Bring as many senses to the visualization as you can. Now once you are fully aware and present to what that vision looks like...start the process of coming back in time from that future self to where you are now in your life. However, see the milestones along the way that had to happen to get you to your future self. What activities did you have to engage in to be that self? What did you have to learn? Who did you have to meet?

Where did you have to go? Why did it turn out the way you wanted?

Once you roll back the events that lead you to your future self. You have a good idea of what you need to do to begin.

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Create a time line on a sheet of paper, white board or flip chart as follows:

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<b>Now</b>	<b>Step 1</b>	<b>Step 2</b>	<b>Step 3</b>	<b>Step 4</b>	<b>Step 5</b>	<b>Step 6</b>	<b>Step 7</b>	<b>Ideal Future Life</b>
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Now get clear on what each step represents. Remember, that step 7 is intimately linked to step 1 so you need to be very mindful and conscious of each step to build on the next. This exercise works best on a large work area. Go buy a white board, flip chart, large sheet of paper or white card board. Something you can put on a wall or stand in front of. Standing helps get the creative juices flowing. Have fun with this. Talk out loud, Get animated, get creative, move around, use different color markers. Paste pictures of your future on the end. Use pictures to represent the activities you need to do. If you can, get as many people enrolled in your planning. Brainstorm and see what you come up with.

This may take a day to do, but it's worth it. Write everything out, do not filter! No ideas is a bad one. However, as your journey gets more and more clear. New and better ideas will replace the old ones...just keep writing them down as they come. Once done or if you feel stuck, sit back and look at your timeline. Meditate on it. Do not force the ideas. Let your higher self take over and come up with the answers.

This mindset and visualization will help you pick and choose the activities that are going to serve you best in getting you to where you want to go.

## Where To Focus For Best Results

In today's world there are so many sources of distraction vying for your attention: social media, text messages, cell phones, PDA's, and more. All designed to keep you in the loop yet take up a lot of your time. The key is to put control measures on them by identifying which ones help you move forward financially. Financially because your time is a valuable commodity and chances are your dream life affords you the flexibility to do what you want when you want.

So what needs to happen are some control measures to keep you focuses and on task.

Block out 1 hour to 90 minute segments for focused energy towards a task. Use a cooking timer or stop watch. Turn off your phone, alarms, notifiers and emails for that period of time. Now all you have to do is focus on that task...nothing more. Resist the temptation to check your phone or email. every one can wait. Don't worry, they'll leave a message.

One of the best focusing exercises is to make your "money making activities" the priority. You'll be surprised at how many activities keep you busy but do nothing to move you forward. As an entrepreneur building your dream, there are only three categories that are of real money making value to you.

They are (in no particular order):

### **Product Development** **Marketing** **Relationships**

Embed these three into your brain. It is a must! These three are what are going to move you forward and make you the money you want and build your dreams. Everything else is wasting your time or is recreation. Read that again!

**Product development** - This is what is going to make you the money, give you the fame (if you want it) and/or sense of purpose. That best selling book won't write itself, that workout DVD will not magically appear, that coffee shop won't open by itself, and every other goal, ambition and dream can not move forward without the physical movement of making it happen. So you must block out time every day for product development.

**Marketing** - Tell as many people as you can about what it is you are doing. Get clear on your unique selling proposition. In other words, what makes your product or service stand out? Why you? Create your marketing material every day. Write articles, blog about your stuff, use social media (for marketing not socializing). Get creative and see what unique ways you can create your brand. What components do you need on your website? Create videos and tutorials about your services. Never stop learning about your market place. Position yourself as the leader in your field. It takes time, but in as little as a year, you could very well be an expert in almost any field you desire. Block off time to market yourself.

**Relationships**- It is only through people that you will bring your dreams to life. You must build and nurture your relationships at all times. If you need capital to move your dream forward, that capital is going to come to you through an investor. It may be from family or friends, or it may be from someone that is just one degree of separation from you. The point is that your ability to build and keep your relationships is key. Find reasons to be kind to people. Get yourself into places where there is a high probability to meet new people.

Be of service: So many wannabe entrepreneurs get so excited, anxious and self absorbed that they only focus on themselves when they meet new people. This is a sure fire way to get your business card filed under "G" or forgotten. You must help others get what they want too! Your turn will come, just give back as much as you can. You'll be remembered as a kind, friendly and generous person. Then the ties will turn and they'll want to be of service to you.

Every day, ask yourself: *Is this activity moving me forward towards my goal or is it holding me back? Is this activity about product development, marketing or building relationships?*

Oh, sorry but chatting with friends and socializing are often justifiers for building relationships, but you know they are not. So do them after hours as a reward for all your hard work and discipline.

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Another way to keep your focus on the activities that really matter is by establishing your true hourly worth.

- A. What is MY ideal annual income? \$\_\_\_\_\_
- B. Working days in a year: 235
- C. Working hours is a day: 7
- D. Working hours in a year: 1,645

Divide A (your preferred annual income) by D (1,645)

E. MY Hourly Worth is: \$\_\_\_\_\_

Obviously there can be more hours in the day to add to building your dream but this is just a bench mark to follow.

So now you know what your hourly worth is. When you are engaged in an activity ask yourself, *Am I making my ideal hourly rate or am I loosing my ideal hourly rate?*

## 7. Locking It In

The How To Create Your Remarkable Life guide is meant to be a catalyst, a spring board in launching your big idea. Your true sense of who you are. Your passion and purpose is within you, but it is all for not if you withhold your gifts from the world.

The universe wants you to celebrate all you are and be all you can be. However, it's no secret that "real life" can pull you down and get you off track. Even with the best of intentions, enthusiasm and initial focus, there are times when you just want to throw in the towel, quit and say, *"fuck it! Who am I kidding? I can't do it!"*

The How To Create Your Remarkable Life guide and The Remarkable Man Project are here to help see you through the tough times and encourage you to see your dream through to completion.

As a Remarkable Man (Level1) member, There is a weekly forum and accountability schedule for you to dial into. The more you participate and engage, the more you are putting a cause in motion.

It is so important that you see your dream a reality. Visualize yourself there every night before you go to bed. See it with the utmost clarity and believe it with the utmost certainty. This is who you really are! You are the man! A Remarkable Man! You have it within you or you would not have had the vision of it in the first place.

### Some Tough Words

Now that you have clarity around your purpose and passion. It is time to get off your ass and get it done! You can't wait for the perfect moment, or when conditions are better. They'll never come because that day exists in Never Never Land.

The process is laid out before you...step by step. There are countless people with no better skills, talents or advantage than you, doing what you want successfully right now. Study them! Find out their habits, work ethic and duplicate them.

Do you know the difference between simple and easy?

Becoming a success in what ever it is you desire is actually a very simple process; you just follow the steps one by one with courage and tenacity and one day you will achieve success.



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But it won't be easy. It will be long hours and it will be fraught with challenges, setbacks and unforeseen curve balls. You'll have to do the shitty time consuming tasks you hate. You'll have to sacrifice your social life for your dream life.

As a member of The Remarkable Man Project your days of sitting in the bleachers as a spectator in your life are over! You have to get suited up and get in the game!

A young man full of pride, passion and hunger for success meets a guru that has all the trappings of success he desires. So the young man asks the guru, "How do I become as successful and rich as you?"

The guru says to the young man, "You have to want it bad enough to put in the time to make it happen."

"But I want success now! I want to be rich like you! Will you show me?"

The guru sighs heavily shaking his head, "Meet me at the beach at 4:30 AM Tomorrow morning."

The young man responds impatiently, "The beach?! At 4:30 in the morning?! I don't want to go swimming! Besides, that's crazy early!"

Calmly the guru begins to walk away and says, "if you want success badly enough you'll meet me at the beach at 4:30 AM." He walks away ignoring the young man's pleas to stay and explain himself.

The young man barely gets any sleep that night. He wakes up before the alarm goes off and excitedly gets dressed in his best power suit and heads to the beach. He can see the guru near the shore in the predawn light. As he walks across the beach toward the guru, his shoes begin to fill with sand. He grows irritated thinking his freshly polished shoes are now ruined.

He approaches the guru from behind..."I'm here!" Will you tell me now the secret to success?"

The guru does not turn his gaze from the horizon, just calmly mumbles, "Get in the water."

The young man replies surprised, "Get in the water? What the....! I came here to learn about success, not take a swim!"

"Get in the water if you want me to teach you about success."

Exasperated and confused the young man takes off his shoes and mumbling curses under his breath. Never the less, he wades up to his waist in the water. "Okay what's this about?"

The guru follows. "Go deeper."

The young man turns and wades in up to his chest. The guru follows.

The young man is now pissed off, "This is crazy...what's this got to do with success?!"

Suddenly, the guru grabs the young man's head and thrusts it under the water. The young man thrashes his hands above the water. The guru still holds him under. Then let's go.

The young man springs from under the waves gasping and coughing. "What the hell did you do that for!!! You're a crazy fool! You could have killed me!"

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The Guru asks the young man, “While I was holding your head under water, what did you want more than anything else in your life?”

Still gasping and coughing the young man replies, “Breathe!...I wanted to breathe!”

The Guru turns and begins to wade back to the shore, “You wanted to know what the key to success is?”

“Yes! Damn it! What is it!”

The guru stops and looks back soulfully, the dawn now reflecting in his face. “The key is; you have to want success as bad as you want to breathe.”

The point of the story is that **you have to want your dream as bad as you want to breathe**, You have to have such a deep burning desire that you can only see your sacrifices as just one step closer to living it!

Don't bullshit yourself about not having enough time! That's a load of crap and you know it! Turn the damn TV off and get off your ass and make it happen. In fact, you do not have time for TV at all! The only people watching TV are broke, lost or have earned the right to rest for a moment. All your heroes do not watch TV! They're too busy making their lives worth living. They're creating, they're deal making, they're staying true to their calling.

The How To Create Your Remarkable Life guideHow To Create Your Remarkable Life guide© is your call to action, not wall paper! If you missed or skimmed on any of the exercises, you are only short changing yourself. Cut laziness off at the knees now and get back to the exercises and complete them fully. The only person you need to impress is yourself and you know you have short changed yourself more than you deserve. Stop it now! Start giving yourself the gift of perseverance and fortitude.

Get fully engaged in creating your life. The moment you finish reading this page.

Ask yourself:

*Who can I call?*

*What research can I do?*

*Where can I get the funds I need?*

*What date do I want this by?*

*How can I enroll others into my dream?*

Start to build your business plan and marketing plan.

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It really does not matter what it is. The key is to just get started or dust off the old idea and complete it.

You are ready for this. You know it at the core of who you are! The “How To Create Your Remarkable Life” guide will be here for you to assist you. The world needs your epic vision to come forward. Let’s make it happen!

As you move through your day, one of the most powerful affirmations that can help you out is:

*How can it get any better than this?*

You are now a man with a plan!

Be Remarkable!

In service & gratitude,

A stylized, handwritten signature in black ink, featuring a large, bold 'D' followed by a series of fluid, overlapping strokes that extend to the right.

Your Mojo Coach  
Founder, The Remarkable Man Project  
Creator The Remarkable Man Coaching Program  
Author of The Remarkable Man



**Leadership, Networking & Empowerment for The 21st Century Man**

**We've Got Your Back!**

The Remarkable Man Project is a global initiative to challenge 1 million men in 5 years to be Remarkable in all they are.

**To be champions to women, heroes to children and brothers to each other.**

The Remarkable Man Project is soon to be the largest leadership and empowerment network, that is exclusively for men, in the world.

What is a Remarkable Man to you? It's not about leaping tall buildings or doing extraordinary super human feats. There is no assumption or bench mark as to what being Remarkable Man is, because it is unique to you. In other words, what is your version of being a Remarkable Man? What would it take for you to step up and play a bigger game in your life? What would your life look like if you were being the Remarkable Man that you know you can be?

Your journey has had its share of challenges, frustrations, heart ache and pain. At the Remarkable Man Project, we get it! We've been there brother and we appreciate the path you are on. You are not alone. As a member in the Remarkable Man Project you'll have access to a world wide network of purpose driven men that are here to uplift and challenge you to play a bigger game.

## How To Create Your Remarkable Life©

You'll get the tools and insights from some of the top luminaries in the world. Plus, access to communities, events and experiences as unique as you are.

You can join the Remarkable Man Project for free and explore what we have in store for you. As well, you can fully engage and enroll with our Remarkable Man (Level 1) Membership. If you are a leader or want to be, you can dive in a play at a higher level as a leader in our Leadership Track (Level 2) Membership. You can also have it all with The Champion's Club (Level 3) Membership. Our best value!

This is your time! It's time to celebrate your authentic masculine power...We're here to be there for you. We've got your back. Are you ready? Join The Movement now!

[www.RemarkableManProject.com](http://www.RemarkableManProject.com)

### The Remarkable Man Book

Get Your Copy of **The Remarkable Man - Champions To Women, Heroes To Children And Brothers To Each Other.**

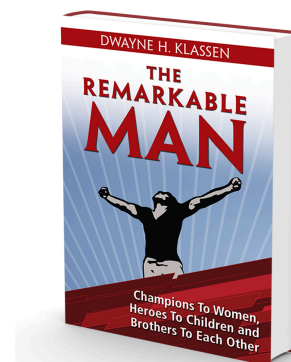
This Ground breaking book is a "must have" for both men and women if you want to learn the key elements of what it takes for a man to be Remarkable in his life.

- You'll explore the 7 Essentials of the Remarkable Man.
- Do a deep dive into the authentic masculine power.
- Recognize the beauty and grace of the feminine energy
- The core of what is standing in your way
- Be challenged to step up and play a bigger game

You'll discover that the image you hold of what a Remarkable Man is, is within you and not that far away.

Order your book today at:

[The Remarkable Man Book](http://www.RemarkableManProject.com)



### The Remarkable Man Coaching Program

Our world is changing fast and men are more confused, frustrated and challenged as to what it means to be a man in today's world than ever before.

I'm The Coach For Men and I'm here to help you get your mojo back, get into your authentic masculine power and take back control of your life.



It is essential for men to have a strong sense of who they are. It's time to discover the Remarkable Man that's within you. It will change your life!

[Click here: The Remarkable Man Coaching Program](#)

## The Leadership Track Training System

You already know there's a leader within.



We know you identify so much of who you are with how successful you are in your career and business.

If your business is working then we tend to feel that “we” are working.

It's imperative at this time that you have the tools and resources you need to achieve your purpose and passion. The Leadership Track MasterMind Groups will help you get there.

**Click Here:** [www.LeadershipTrackTraining.com](http://www.LeadershipTrackTraining.com)

## The Champions Club

You've experienced success and find yourself playing at a high level. Well done! You've made it or you are getting close to it. Yet you feel that there is something missing, something that you know you need in order for you to truly get to the next level.



The Champions Club is exclusive high-level coaching, networking, philanthropy and adventure vacations. This top tier program is developed for the executive that desires to challenge himself, stir the soul and rejuvenate the Remarkable Man within. If you are ready to step boldly into what's possible for you...The Champions Club awaits.

**Click Here:** [www.DwayneKlassen.com](http://www.DwayneKlassen.com) Explore Coaching Tab.